Therapy, RX, OTC and Cosmeceuticals

Michael Gold, MD

What’s new in 2019? For over 30 years Dr. Gold has been dispensing cosmeceuticals and for the last 20 years he has been conducting clinical research on these products.

Skinceutical C&B and CE Furulic improves redness and healing in the skin, which has been demonstrated in a number of studies.

Skinceutical Glycolic 10 is a new glycolic acid overnight treatment for improvement in fine lines and skin texture. Studies have shown its benefits to be statistically significant.

Root of Skin works with stem cell and ovarian cell and has been shown to have several benefits in the skin. Furthermore, studies have been done using this technology for hair. The proceeds of this company’s profits greatly go towards ovarian cancer stem cell studies. Studies done on their products for skin texture and fine lines show statistically significant benefits for the skin.

Revision DEJ Face Cream has also been shown to have statistically significant results when used pre and post procedure. Studies show visible improvement in brightness in face with little to no post treatment erythema. This company is also now coming out with a microbiome line.

Neostrata Enlighten Brightening Eye Cream is endorsed as a product that has been shown in clinical trials to be beneficial for undereye darkness, wrinkles, firmness and laxity.

Alastin Trihex Technology Formulation increases extracellular matrix proteins that stimulate neocollagenesis and elastogenesis, decreasing inflammation and accelerating the epidermal healing process, especially when used post-procedural. Products have been shown to lead to improvement in skin tone function: decreasing wrinkles and improving skin tone. Alastin also is one of the first companies to offer total body treatment.

Stratacel is a topical treatment for scar and scar prevention. This product can be used directly on freshly sutured skin. Several before and after patient samples shown of this product depicting great results.
Laser Complications
Michael H. Gold, MD

Patient went to a med-spa for hair-removal on the back and received poorly done IPL. The patient had hypopigmentation until 1-year after which was treated with micro-needling. Dr. Goldberg recommends doing the excimer laser for this case. A patient with post ALA-PDT had red streaks on the face. Patient did not want to treat with steroid but wanted relief. Next patient had an IPL burn on the dorsal hand. The question is how to heal these patients. Dr. Gold recommends using a cosmeceutical with growth-factors. What caused these reactions? Both patients had gone for walks outdoors and therefore this is attributed to being in the sun. Ultherapy causing superficial ultra sound injury in the high dermis, it goes away in a few days.